

Pharmaceutical Preformulation

Almost all drugs are marketed as tablets, capsules or both. Prior to the development of these major dosage forms, it is essential that certain fundamental physical and chemical properties of the drug molecule and other physical properties of the drug powder are determined. This information decides many of the subsequent events and approaches in formulation development. This first learning phase is known as Preformulation.

Definition:-

Preformulation involves the application of biopharmaceutical principles to the physicochemical parameters of drug substance are characterized with the goal of designing optimum drug delivery system.

Before beginning the formal preformulation programs the preformulation scientist must consider the following factors:-

- The amount of drug available.
- The physicochemical properties of the drug already known.
- Therapeutic category and anticipated dose of compound.
- The nature of information, a formulation should have or would like to have.

UV Spectroscopy:-

The first requirement of any preformulation study is the development of a simple analytical method for quantitative estimation in subsequent steps. Most of drugs have aromatic rings and/or double bonds as part of their structure and absorb light in UV range, UV spectroscopy being a fairly accurate and simple method is a performed estimation technique at early preformulation stages. The absorption Co-efficient of the drug can be determined by the formula:-

$$E = AF / X$$

Where, A = Absorbance, F = dilution factor, X = weight of drug (mg)

It is now possible to determine concentration of drug in any solution by measuring absorbance.

$$C = AF / E \text{ mg/ml}$$

Characterization of drug molecules is very important step at the preformulation phase of product development. Following studies are conducted as basic preformulation studies, special studies are conducted depending on the type of dosage form and the type of drug molecules.

- 1) Solubility determination

- 2) pKa determination
- 3) Partition co-efficient
- 4) Crystal properties and polymorphism
- 5) Practical size, shape and surface area.
- 6) Chemical stability profile.

1. **Solubility Determination:-**

The solubility of drug is an important physicochemical property because it affects the bioavailability of the drug, the rate of drug release into dissolution medium and consequently, the therapeutic efficiency of the pharmaceutical product.

The solubility of the molecules in various solvents is determined as a first step. This information is valuable in developing a formulation. Solubility is usually determined in a variety of commonly used solvents and some oils if the molecule is lipophilic.

The solubility of material is usually determined by the equilibrium solubility method, which employs a saturated solution of the material, obtained by stirring an excess of material in the solvent for a prolonged time until equilibrium is achieved.

Common solvents used for solubility determination are:-

Water, Polyethylene Glycols, Propylene Glycol, Glycerin, Sorbitol, Ethyl Alcohol, Methanol, Benzyl Alcohol, Isopropyl Alcohol, Tweens, Polysorbates, Castor Oil, Peanut Oil, Sesame Oil, Buffer at various pHs

Aqueous Solubility:-

The availability of a drug is always limited and the preformulation scientist may only have 50 mg. Solubility dictates the ease with which formulation for oral gavage and intravenous injection studies in animals are obtained. The pKa affects the informed choice of pH to maintain solubility and to choose salts required to achieve good bioavailability from the solid state and improve stability and powder properties.

Intensific Solubility (Co):-

An increase in solubility in acid compared to aqueous solubility suggests a weak base and an increase in alkali, a weak acid. An increase in acidic and alkaline solubility suggests either zwitterion or amphoteric ion behaviour. In this case there will be two pKa's, one acidic & one basic. When the pKa of the drug sample can be ascertained the solubility obtained in acid for a weak acid or alkali for a weak base can be ascertained to be the intensific solubility (Co.) i.e. the fundamental solubility when completely unionized. The solubility should ideally be measured at two temperatures.

1)4C to ensure physical stability and entered short term storage and chemical stability unit more definitive data are available. The minimum density of water occurs at 4C. This leads to a minimum aqueous solubility.

2)37C to support biopharmaceutical evaluation.

2. pKa Determination:-

Determination of the dissociation content for a drug capable of ionization within a pH range of 1 to 10 is important since solubility and consequently absorption, can be altered by orders of magnitude with changing pH. The Henderson – Hasselbalch equation provides an estimate of the ionized and un-ionized drug concentration at a particular pH.

For acidic compounds

$$\text{pH} = \text{pKa} + \log \left(\frac{\text{un-ionized drug}}{\text{ionized drug}} \right)$$

3. Partition Co-efficient:-

Partition Coefficient (oil/ water) is a measure of a drug's lipophilicity and an indication of its ability to cross cell membranes. It is defined as the ratio of unionized drug distributed between the organic and aqueous phases at equilibrium.

$$P_{o/w} = \left(\frac{C_{\text{oil}}}{C_{\text{water}}} \right)_{\text{equilibrium}}$$

For series of compounds, the partition coefficient can provide an empirical handle in screening for some biologic properties. For drug delivery, the lipophilic/ hydrophilic balance has been shown to be a contributing factor for the rate and extent of drug absorption. Although partition coefficient data alone does not provide understanding of in vivo absorption, it does provide a means of characterizing the lipophilic/ hydrophilic nature of the drug.

Since biological membranes are lipoidal in nature. The rate of drug transfer for passively absorbed drugs is directly related to the lipophilicity of the molecule. The partition coefficient is commonly determined using an oil phase of octanol or chloroform and water.

Drugs having values of P much greater than 1 are classified as lipophilic, whereas those with partition coefficient much less than 1 are indicative of a hydrophilic drug.

Although it appears that the partition coefficient may be the best predictor of absorption rate, the effect of dissolution rate, pKa and solubility on absorption must not be neglected.

Dissolution:-

The dissolution rate of the drug is only important where it is the rate limiting step in the absorption process. Kaplan suggested that provided the solubility of a drug exceeded to mg/ ml at pH, 7 no bioavailability or distinction related problems were to be expected. Below / mg/ ml such problems were quite possible and salt formation could improve absorption and solubility by controlling the pH of the microenvironment, independently of the drug and dosage forms position within the GI tract.

Intrinsic Dissolution Rate:-

When dissolution is controlled solely by diffusion the rate of diffusion is directly proportional to the saturated concentration of the drug in solution under these conditions the rate constant K_1 is defined by

$$K_1 = 0.62 D^{2/3} v^{1/6} w^{1/2}$$

Where, V is the kinematic viscosity, W is the angular velocity of a rotating disc of drug.

Common Ion Effect:-

A common ion significantly reduces, the solubility of a slightly soluble electrolyte. The 'salting out' results from the removal of water molecules as solvent owing to the completing hydration of other ions. The reverse process 'salting in' occurs with large anions e.g. benzoate, salivate which open the water structure. These hydro topics increase the solubility of properly water soluble compounds such as diazepam.

Melting Point:-

The melting point of a drug can be measured using three techniques:-

- 1) Capillary Melting
- 2) Hot Stage Microcopy
- 3) Differential scanning calorimetry or thermal Analysis.

Capillary Melting:-

Capillary melting gives information about the melting range but it is different to assign an accurate melting point.

Hot Stage Microcopy:-

This the issued observation of melting under a microscope equipped with a heated and lagged sample stage. The heating rate is controllable and upto three transitions can be registered.

Differential Scanning Calorimetry and thermal analysis:-

Differential thermal analysis (DTA) measures the temperature difference between the sample and a reference as a function of temperature or time when heating at a constant rate differential scanning calorimetry (DSC) is similar to DTA except that the instrument measures the amount of energy required to keep the sample at the same temperature as the reference i.e. it measures the enthalpy of transition.

4. Crystal Properties and Polymorphism:-

Many drug substance can exist in more than one crystalline form with different space lattice arrangements. This property is known as polymorphism. Polymorphs generally have different melting points, x-ray diffraction patterns and solubility even though they are chemically identical.

Differences in the dissolution rates and solubilities of different polymorphic forms of a given drug are very commonly observed. When the absorption of a drug is dissolution rate limited, a more soluble and faster-dissolving form may be utilized to improve the rate and extent of bioavailability.

For drugs prone to degradation in the solid state, physical form of the drug influences degradation. Selection of a polymorph that is chemically more stable is a solution in many cases. Different polymorph also lead to different morphology, tensile strength and density of powder bed which all contribute to compression characteristics of materials. Some investigation of polymorphism and crystal habit of a drug substance as it relates to pharmaceutical processing is desirable during its Preformulation evaluation especially when the active ingredient is expected to constitute the bulk of the tablet mass. Although a drug substance may exist in two or more polymorphic forms, only one form is thermodynamically stable at a given temperature and pressure. The other forms would convert to the stable form with time. In general, the stable polymorph exhibits the highest melting point, the lowest solubility, and the maximum chemical stability. Various techniques are available for the investigation of the solid state. These include microscopy (including hot stage microscopy), infrared spectrophotometry, single-crystal x-ray and x-ray powder diffraction, thermal analysis, and dilatometry.

5. Particle Size, Shape and Surface Area:-

Bulk flow, formulation homogeneity, and surface-area controlled processes such as dissolution and Surface morphology of the drug particles. In general, each new

drug candidate should be tested during Preformulation with the smallest particle size as is practical to facilitate preparation of homogeneous samples and maximize the drug's surface area for interactions.

Various chemical and physical properties of drug substances are affected by their particle size distribution and shapes. The effect is not only on the physical properties of solid drugs but also, in some instances, on their biopharmaceutical behaviour. It is generally recognized that poorly soluble drugs showing a dissolution- rate limiting step in the absorption process will be more readily bio available when administered in a finely subdivided state rather than as a coarse material.

In case of tablets, size and shape influence the flow and the mixing efficiency of powders and granules. Size can also be a factor in stability: fine materials are relatively more open to attack from atmospheric oxygen, the humidity, and interacting excipients than are coarse materials.

- Determination of particle size
- Determination of surface area

Particle size Determination:-

Though microscopy is the simplest technique of estimating size ranges and shapes, it is too slow for quantitative determination the material is best observed as a suspension in non-dissolving fluid. Sedimentation is less useful technique at Preformulation storage due to lack of bulk material. Andreasen pipette is based on the rate difference of sedimentation of different particles, but techniques like this are seldom used due to their tedious nature instruments based on light scattering, (Royco), light blockage (HIAC) and blockage of electrical conductivity path (Coulter counter) are available.

Surface Area Determination:-

Surface area is most commonly determined based on Brunauer-Emmett-Teller (BET) theory of adsorption. Most substances adsorb a mono molecular layer of gas under certain conditions of partial pressure of gas and temperature. Knowing the monolayer capacity of adsorbent and the area of adsorbable molecule, the surface area can be calculated the adsorption process is carried out with nitrogen at -195 degree Celsius at a partial pressure attainable when nitrogen is in a 30% temperature with an inert gas (helium). The adsorption takes place by virtue of van der Waals' forces.

Power Flow Properties:-

When limited amounts of drugs are available Power flow properties can be evaluated by measurements of bulk density and angle of repose. Changes in particles size, and shape are generally very important an increase in crystal size

or a more uniform shape will lead to a small angle of repose and a smaller Carr's index.

Bulk Density:-

Knowledge of absolute and bulk density of the drug substance is Very useful in having some idea as to the size of final dosage form the density of solids also affects their flow Properties Carr's compressibility index can be used to predict the flow properties based on density measurement.

$$\text{Carr's index (\%)} = \frac{\text{Tapped density} - \text{Pored density} * 100}{\text{Tapped density}}$$

A similar index has been defined by Hausner:

$$\text{Hausner ratio} = \frac{\text{Tapped density}}{\text{Pored density}}$$

Angle of repose:-

The maximum angle which is formed b/w the surface of a pile of powder and horizontal surface is called the angle of repose.

Relationship between flow, angle of repose, Carr's index for powder flow

Flow	Angle of repose	Carr's index (%)
Excellent	<25	5-15
Good	25-30	12-16
Fair to passable	30-40	18-21
Poor	> 40	23-35
Very Poor		33-38
Extremely Poor		>40

6. Chemical stability profile:-

Preformulation stability studies are usually the first quantitative assessment of chemical stability of a new drug. These studies include both solution and solid state experiments under condition typical for the handling, formulation, storage, and administration of a drug candidate as well as stability in presence of other recipients.

Factor effecting chemical stability critical in rational dosage form design include temperature, pH and dosage form diluents. The method of sterilization of potential product will be largely dependent on the temperature stability of the drug. Drugs having decreased stability at elevated temperatures cannot be sterilized by autoclaving but must be sterilized by another means, e.g., filtration. The effect of pH on drug stability is important in the development of both oral administration must be protected from the highly acidic environment of the stomach. Buffer selection for potential dosage forms will be largely based on the stability characteristic of the drug.

- Solid state stability
- Solution phase stability
- Compatibility studies: stability in the Presence of excipients
- Typical stability protocol for a new Chemical Entity

Solid state stability:-

Chemical instability normally results from either of the following reaction; hydrolysis, oxidation, photolysis and pyrolysis, Chemical structure of the drug is the determination of drug to either of these attacks. Esters and lactase and to lesser extent, amides are to prone to solvolysis. Instauration or electron rich centre in the structure make the molecule vulnerable for free radical mediated or photo-catalysed oxidation. Physical properties of drugs. Amorphous materials are less stable than their crystalline forms. Denser materials are more stable to ambient stress.

Elevated temperature studies:-

The elevated temperatures commonly used are 40, 50, and 60 degree centigrade with ambient humidity. The samples stored at highest temperature are observed weekly for physical and chemical changes and compared to an appropriate control. If a substantial change is seen, samples stored at lower temperature are examined. If no changes is seen after 30 days at 60 degree centigrade, the stability prognosis is excellent.

Stability under high humidity conditions:-

Solid drug samples can be exposed to different relative humidity conditions by keeping them in laboratory desiccators containing saturated solutions of various salts. The closed desiccators in turn are kept in oven to provide constant temperature. The preformulation data of this nature are useful in determining if the material should be protected and stored in controlled low humidity environment or if non aqueous solvent be used during formulation.

Photolytic stability:-

Many drugs fade or darken on exposure to light. Though the extent of degradation is small and limited to the exposed surface area, it presents an aesthetic problem. Exposure of drug to 400 and 900 foot-candles of illumination for 4 and 2 week periods respectively is adequate to provide some idea of photosensitivity. Resulting data may be useful in determining if an amber colored container is required or if color masking dye should be used in the formulation.

Stability to Oxidation:-

Drug's sensitivity to oxidation can be examined by exposing it to an atmosphere of high oxygen tension. Usually a 40% oxygen atmosphere allows for rapid evaluation. A shallow layer of drug exposed to a sufficient headspace volume ensures that the system is not oxygen limited. Samples are kept in desiccators equipped with three-way stop cocks, which are alternatively evacuated and flooded with desired atmosphere. The process is repeated 3 or 4 times to ensure 100% desired atmosphere. Results may be useful in predicting if an antioxidant is required in the formulation or if the final product should be packaged under inert atmospheric conditions.

Compatibility studies:-

The knowledge of drug excipient interaction is useful for the formulation to select appropriate excipients. The described preformulation screening of drug excipient interaction requires only 5mg of drug in a 50% mixture with the excipients to maximize the likelihood of obscuring an interaction. Mixtures should be examined under nitrogen to ultimate oxidation and paralytic effect at a standard heating rate on DSC, over a temperature range, which will encompass any thermal changes due to both the drug and appearance or disappearance of one or more peaks in the thermograms of drug excipient mixtures are considered an indication of interaction.

Solution phase stability:

As compared with the dry form, the degradation is much more rapid in solution form. It is important to ascertain that the drug doesn't degrade when exposed to GI fluid. The pH based stability study, using different simulated GI conditions can be designed. A poor solution stability of drug may urge the formulator to choose a less soluble salt form, provided the bioavailability is not compromised.

Absorption behavior:

It is essential to test the in vivo behavior of the new drug for successful formulation of a dosage form with good bioavailability. Partial in vivo and in vitro tests are designed to study the pharmacokinetic profile of the drug.

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